



## CHLPV: CLUB HIVERSPORT LUXEMBOURG PATINAGE DE VITESSE

### INTERNAL RULES

1. Each person who has paid his annual membership fee is considered a member for that year.
2. Skating equipment can be lent to members, subject to availability. This loan is made against the deposit of a guarantee of 200 Euros in the form of a bank transfer ("virement"). This transfer is only cashed if the skater does not re-register at the beginning of the season and the rented equipment (property of the Club) is not returned.
3. All rented equipment (e.g. skates - helmet - various protections - suit) must be returned in good condition.
4. Members (and their families/guardians for children) are asked to help with the installation and later storage of the protective mats.
5. The following equipment must be worn at all practices: helmet, shin guards, knee pads, gloves and neck protectors.
6. Skaters agree to participate in certain competitions offered by ULPV, notably the national championships.
7. Skaters must pass the national medical-sports test from the age of seven to obtain a license.
8. Skaters must come to the skate track early enough to be able to start training on time.
9. Skaters are under the supervision of the coaches. They enter the ice in the presence of the/a coach and must notify the/a coach if they leave practice.
10. Athletes who register for a clinic (training camp), extramural training or competition are obliged to participate and pay the required fee.
11. It is forbidden to sharpen skates on the premises of the ice rink, such work can only be done in the garage where the changing rooms are located.
12. Rented equipment may only be distributed by a member of the committee. It is forbidden for any other person to use the club's cupboards.
13. Equipment is rented in priority to skaters who participate in competitions.
14. The area around the track and the dressing rooms must be kept clean.
15. No eating or drinking on the ice.
16. Athletes are subject to COSL guidelines regarding doping.
17. In case of doping, the athlete will be immediately and irrevocably expelled from the Club.